TECHNOLOGY BRIEF

PROM

Haemophilia Family Impact Tool (H-FIT)

Description

Haemophilia Family Impact Tool (H-FIT) is a 25-item haemophilia-specific caregiver-reported measure for burden of caring for a child with haemophilia.

Patient-reported outcome measures, in particular health related quality of life (HRQoL), have become increasingly important in haemophilia research to evaluate the impact and efficacy of different treatments. The recognition of the importance of HRQoL in haemophilia research, and the challenges associated with measuring HRQoL in very young children led to the proposal of a different construct to assess HRQoL across the paediatric age span: the impact of haemophilia on the family.

The Haemophilia Family Impact Tool (H-FIT) was developed and validated in a multi-phased approach with parents of boys with haemophilia and haemophilia health-care providers across Canada. Translation and cultural adaptation of the H-FIT is currently ongoing to assess the impact on families in the context of novel, nonfactor therapies.

Therapeutic Area

- Pediatric Haemophilia

Advantages

- Measures how caring for a child with haemophilia affects the family's daily life
- Focuses heavily on treatment burden, worry, and parent knowledge
- The survey helps doctors track how a family's quality of life changes with new treatments
- Available in multiple languages

Additional Information

- Publications: https://pedsbleedspro.ca/h-fit/background/#toc_References
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